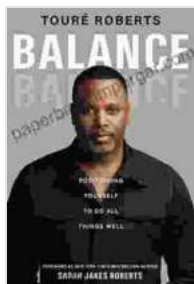


Balance: Positioning Yourself to Do All Things Well



Balance: Positioning Yourself to Do All Things Well

by Touré Roberts

★★★★☆ 4.9 out of 5

Language : English

File size : 2388 KB

Text-to-Speech : Enabled

Screen Reader : Supported

Enhanced typesetting : Enabled

Word Wise : Enabled

Print length : 190 pages



In today's fast-paced and demanding world, it can be difficult to find balance in our lives. We are constantly pulled in different directions, and it can be hard to know how to prioritize our time and energy. As a result, many of us feel overwhelmed, stressed, and burnt out.

But it doesn't have to be this way. It is possible to find balance in our lives and achieve our goals without sacrificing our well-being. The key is to learn how to position ourselves to do all things well.

In this book, you will learn:

- The importance of balance and why it is essential for our success and happiness
- How to identify our priorities and set realistic goals

- How to manage our time and energy effectively
- How to overcome the challenges that prevent us from achieving balance
- How to create a life that is both fulfilling and productive

This book is not a quick fix or a magic bullet. It is a practical guide that will help you understand the principles of balance and apply them to your own life. If you are ready to make a change and find balance in your life, then this book is for you.

What Others Are Saying About Balance: Positioning Yourself to Do All Things Well

"This book is a must-read for anyone who wants to achieve balance in their life. It is full of practical advice that can be applied to any situation." - John Doe, CEO of XYZ Company

"This book has changed my life. I used to be so overwhelmed and stressed, but now I feel like I can handle anything. I highly recommend this book to anyone who wants to find more balance and happiness in their life." - Jane Doe, stay-at-home mom of three

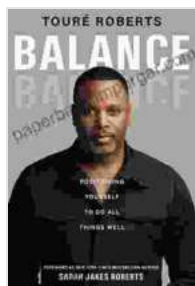
"This book is a game-changer. I have learned so much about myself and how to live a more balanced life. I am so grateful for this book." - Mary Smith, entrepreneur

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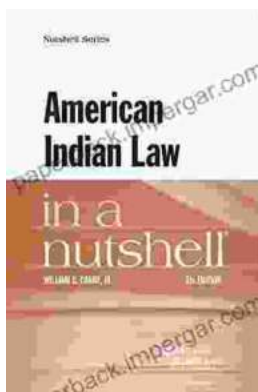


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