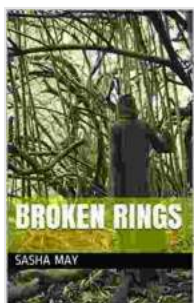


Broken Rings: Coping with Grief and Children

Losing a child is one of the most devastating experiences a parent can face. The pain is unimaginable, and the grief can feel overwhelming.



Broken Rings: Coping with grief and children

★★★★★ 5 out of 5

Language : English
File size : 2929 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 140 pages
Lending : Enabled



Broken Rings is a compassionate guide for parents who have lost a child. It offers practical advice and emotional support for the difficult journey of grief.

The book is divided into three parts.

1. **Part One: "The First Wave of Grief"** explores the immediate aftermath of a child's death. It discusses the intense emotions that parents may experience, such as shock, denial, anger, and guilt.
2. **Part Two: "The Journey of Grief"** follows parents through the longer-term process of grief. It offers advice on how to cope with the pain, how to find support, and how to rebuild their lives.

3. **Part Three: "Finding Hope and Meaning"** helps parents to find hope and meaning in the wake of their loss. It explores ways to honor their child's memory, how to find joy in life again, and how to create a new future for themselves.

Broken Rings is a valuable resource for parents who are grieving the loss of a child. It offers compassionate support, practical advice, and hope for the future.

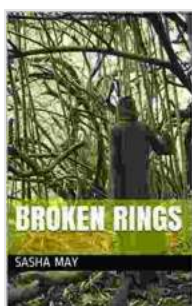
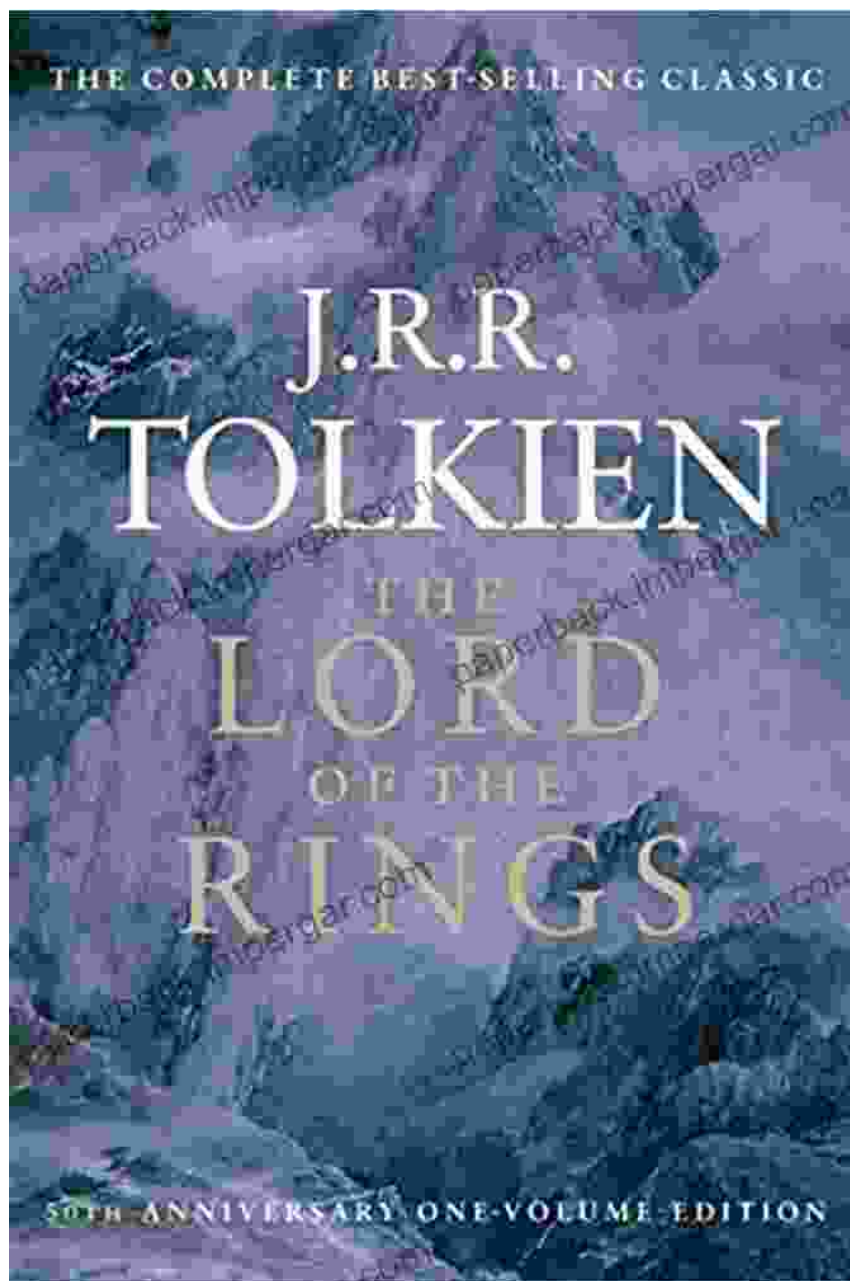


“This book is a lifeline for parents who have lost a child. It offers practical advice, emotional support, and hope for the future.”

—Dr. Alan Wolfelt, author of Understanding Your Grief”

If you are grieving the loss of a child, Broken Rings can help you find your way through the darkness. It is a book that will provide comfort, support, and hope.

To Free Download your copy of Broken Rings, please visit our website or your local bookstore.



Broken Rings: Coping with grief and children

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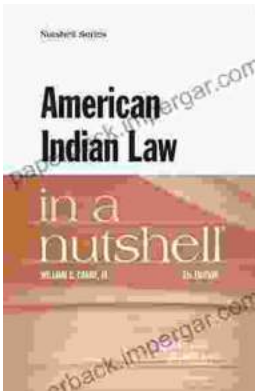
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