

# Confessions of an Alcoholic Wife: Uncovering the Hidden Pain in the Word of Faith New Apostolic Reformation

Alcoholism is a disease that affects millions of people worldwide, and its impact is often felt within religious communities. In the Word of Faith New Apostolic Reformation (WFNAR), a movement characterized by its emphasis on faith healing and supernatural manifestations, the issue of alcoholism has been largely ignored or denied. This article aims to shed light on the hidden pain and struggles faced by alcoholic wives within this movement, through the personal narrative of one such woman.

## Living in Denial: The Early Years

Growing up in a strict WFNAR environment, I was taught that addiction was a sin and a sign of weakness. When my husband, a respected pastor in our church, began to exhibit signs of alcohol abuse, I refused to acknowledge the reality of his condition. I clung to the belief that faith and prayer would solve all our problems, and I convinced myself that he was simply struggling with spiritual warfare.



## Deliver us from Addiction: Confessions of an Alcoholic's Wife in the Word of Faith New Apostolic Reformation

★★★★★ 5 out of 5

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Screen Reader : Supported  
Enhanced typesetting : Enabled  
Word Wise : Enabled

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As the years passed, my husband's drinking escalated, and so did the negative impact on our family. He became verbally and emotionally abusive, neglecting his responsibilities and creating a toxic home environment. Yet, I continued to believe that I was the only one who could "fix" him, and I refused to seek outside help.

### **The Downward Spiral: Shame and Isolation**

As the situation worsened, I felt an overwhelming sense of shame and isolation. I feared being judged and rejected by my church community if I revealed my husband's secret. I began to isolate myself from friends and family, believing that I was the only one who could handle this problem alone.

The alcohol became an escape for my husband, a way to numb his pain and cope with the pressures of ministry. For me, it became a source of constant worry and fear. I lived in a state of constant tension, never knowing when his next outburst would occur.

### **Breaking the Silence: Finding Support**

After years of living in denial, I finally reached a breaking point. I realized that I could no longer keep my husband's addiction a secret. I confided in a trusted friend who had also left the WFNAR, and together we sought professional help.

It was through therapy that I began to understand the nature of alcoholism and its devastating effects on relationships and families. I learned that addiction is a disease that requires professional treatment, and that blaming or shaming the addict only worsens the situation.

### **The Road to Recovery: Hope and Healing**

With the support of my therapist and support group, I began to heal from the trauma and pain caused by my husband's addiction. I learned to set boundaries, protect my own well-being, and focus on my own recovery.

My husband, too, sought help and entered a treatment program. Through therapy and support, he began to address his underlying issues and develop healthy coping mechanisms. Together, we worked on rebuilding our relationship and creating a more stable and loving home environment.

### **A Call for Awareness: Lifting the Veil of Silence**

My journey as an alcoholic wife in the WFNAR has taught me that addiction is a serious problem that affects many people within religious communities. It is a problem that has been hidden and denied for too long.

I believe that it is time to break the silence and raise awareness about the issue of alcoholism within the WFNAR. We need to educate our members, provide support for those who are struggling, and create a culture of compassion and understanding.

### **: A Path to Hope and Healing**

Confessing the truth about my experiences as an alcoholic wife in the WFNAR has been a difficult but necessary process. By sharing my story, I hope to help others who may be struggling with the same hidden pain.

Recovery from alcoholism is possible, but it requires professional help, support, and a willingness to embrace change. I urge anyone who is struggling with addiction or is affected by addiction in any way to seek help. There is hope and healing available, and you do not have to suffer alone.

Remember, you are not defined by your struggles. You are strong, you are resilient, and you deserve to live a life free from addiction.

### **Additional Resources:**

\* National Institute on Alcohol Abuse and Alcoholism:

<https://www.niaaa.nih.gov/> \* Alcoholics Anonymous: <https://www.aa.org/> \*

Al-Anon: <https://al-anon.org/>

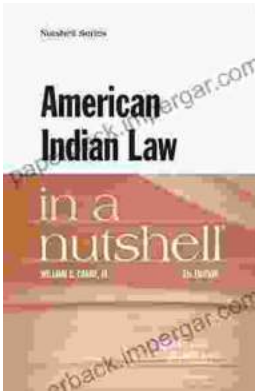


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