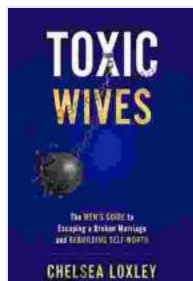


The Men's Guide to Escaping a Broken Marriage and Rebuilding Self-Worth



Toxic Wives: The Men's guide to escaping a broken marriage and rebuilding self-worth. (Toxic Universe Collection)

★★★★☆ 4 out of 5

Language : English
File size : 1210 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 125 pages
Lending : Enabled



If you're a man who's going through a divorce, you're not alone. Millions of men go through this every year, and it can be one of the most difficult experiences of your life.

The emotional pain of divorce can be overwhelming. You may feel like you're losing everything—your home, your family, your sense of self. You may feel like a failure. You may even feel like you want to give up.

But there is hope. With the right help, you can get through this and come out stronger on the other side. This book will provide you with the tools and strategies you need to escape a broken marriage and rebuild your self-worth.

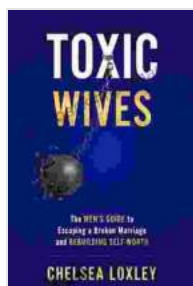
In this book, you will learn how to:

- Cope with the emotional pain of divorce
- Build a strong support system
- Take care of your physical and mental health
- Set boundaries with your ex-spouse
- Start dating again
- Find a new sense of purpose

Divorce is a difficult process, but it doesn't have to define you. With the right help, you can rebuild your life and find happiness again.

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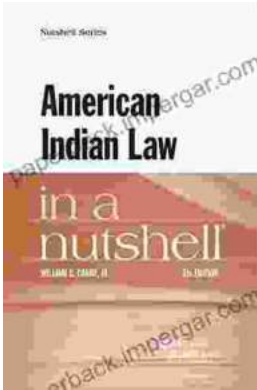
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